



Studio Etiquette



Please arrive a minimum of 5 to 10 minutes early. Doors are locked promptly at the start of class.



Please be sure to remove your shoes before entering the yoga room. By removing your shoes prior to entering, it helps to provide a clean environment in which to practice.



We ask that cell phones are not brought into the yoga room and any electronic watches be on silent. If you have an extenuating circumstance, please be sure your phone is on silent and only used if needed.



Please try to keep voices to a whisper once in the yoga room. We love the friendships created here! If you would like to visit and catch up please take advantage of our community space in the common area.



If you need to leave early, please let your instructor know and please pack up your things and exit before Savasana begins so the rest of the class can enjoy.



Please do not come in if you're not feeling well or have a cough out of respect for the other yogis in the room. We look forward to seeing you once you feel better!



Please practice cleanliness in the yoga room. Please clean up after yourself when the class is over by putting your props away or wiping down your space if anything was left on the floor.



Thank you for being here. We are beyond grateful for this community.

Thank you for helping us keep the studio a safe and calm space for all. We are grateful for each & every one of you.



The Four Corners Family

